



ANNUAL OVERVIEW

20 -21

A word from the President and the Director General

Over the past year, the pandemic has changed the way we live and work. Despite social distancing and other public safety measures, the Gatineau Health Foundation has adapted and reinvented its approach to fundraising in order to continue meeting the needs of various sectors of our health services. Once again, the Foundation is humbled by the level of generosity and support shown by our donors, corporate partners and many volunteers. Together, we can contribute to the improvement of health care and social services and have an impact on the well-being of our community.

This pandemic has highlighted our mission's importance like never before. Thanks to your support and the collaboration of our valued partner, the CISSS de l'Outaouais, we are able to meet the challenges that lie ahead, to move forward and to proudly declare, "mission accomplished"!

An exciting new chapter is upon us following October's announcement that the Quebec government plans to build a new 600-bed hospital for our region. The Foundation will do its part to rally the community around this major project in order to ensure we support the delivery of essential infrastructure that will help go a long way towards meeting our region's needs in a more efficient way.

It is also in pursuit of these objectives that over the past year, the Foundation has adapted its business model to focus more on philanthropy. As of March 31, 2021, the Foundation ceased the management and operation of parking lots at CISSS de l'Outaouais establishments, in addition to divesting itself of its snack bars, shops and convenience stores. The improvement of health care and social services in the Outaouais remains our priority and the Foundation will henceforth focus all its energies and expertise on fundraising. We would like to thank our loyal customers over the past few years and we encourage you to browse our new website to learn about our current projects and campaigns.

While this change heralds the end of an era, it also presents us with a great opportunity to take on new challenges. It is in accordance with this spirit of renewal, and after much reflection, that I have decided to step down as president and hand over the leadership of the Foundation so that someone else can implement his or her new vision. After six years as president and a decade as a Board member, I believe my successor will find I have left them a house in good order, with a very promising future. Our drive is as strong as ever: we can improve services across the board in the region and make impactful contributions to the community's goal of delivering first-rate health care in the Outaouais. After all, health is what matters most in life.

Your contribution and your solidarity with your community are what makes the Foundation a unique and dynamic actor in our region. On behalf of the Board of Directors and the entire staff, we thank donors, corporate partners and volunteers for their contribution!





Mr. JEAN PIGEONDirector General

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Board of Directors

DATE MARCH 31ST 2021



Ms. Louise Poirier**President*

Gatineau Health Foundation



Ms. Sophie Lemaire Vice president Director, Mutual Fund Representative, Patry, Poulin, Trahan et Associés Inc.



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Administrator

Consultant, retired from
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Mr. Jean Tourigny *Administrator*Management consultant,
Performance & excellence



Mr. Mathieu Turpin *Administrator*Notary, PME Inter Notaires



Mr. Jean Pigeon
Director General
Gatineau Health Foundation
Without voting rights



Ms. Josée Filion *Observer member*President-Director General,
CISSS de l'Outaouais

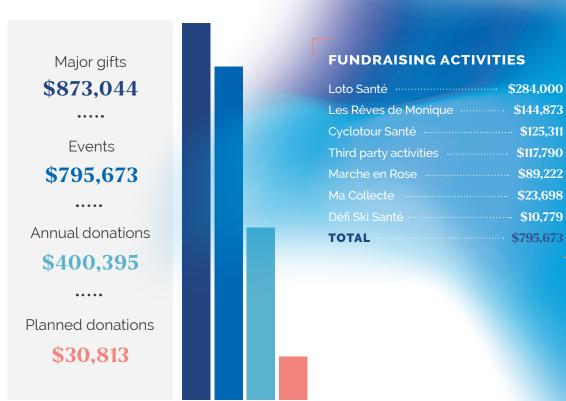
Philantropic revenue tables



INVESTMENTS BY BUSINESS SECTOR

Hospital environment and oncology	\$1,066,000 \$433,592
Mental health and addiction program	\$326,611
	\$69,137 \$44,698
TOTAL	\$1,940,038

REVENUE SOURCES



TOTAL

\$2,099,925

Achievements 2020-2021

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The Gatineau Health Foundation is proud to financially support the CISSS de l'Outaouais by fully or partially funding cuttingedge projects and equipment purchases that have been prioritized by the CISSS in all its areas of activity.

HERE ARE A FEW EXAMPLES.

"Twenty-four months ago, I was at my lowest point. In fact, I was on the brink of disaster. My children dragged me to the hospital, where I was put in the short-stay mental health unit. I ended up being one of the patients that stayed there the longest. After five weeks of attentive care and the development of an adapted medication plan, I was gradually able to regain some semblance of a normal life by resuming intense exercise and continuing my therapy with an extraordinary psychiatrist from the Pierre-Janet Hospital, who helped me get back to a healthier place mentally. I encourage you to give generously to this campaign. You never know when mental illness can become an issue, or who might be affected. I'm 65 years old and I had never had a mental health problem before... Please give!"

Denis Samson *Donor*

HOSPITAL ENVIRONMENT

Purchase of Spinal Endoscopy Equipment

Spinal endoscopies are a procedure performed by neurosurgeons on a patient's spine without incision. They allow for a faster recovery with little or no adverse effects on healthy tissue.

Acquisition of New Respirators

Respirators are used to maintain breathing for patients in intensive care or undergoing resuscitation.

Purchase of a Hearing Screening Instrument

This portable hearing screening device provides accurate results in seconds, integrating tympanometry and reflex measurement.

Financing the Expansion of La maison Mathieu-Froment-Savoie

The Outaouais population is growing and aging. Correspondingly, demand for palliative care is also rising. At the moment, however, more than 60% of admission requests are refused, and the CISSS de l'Outaouais expects this trend to increase if more beds are not added. The CISSS de l'Outaouais's current facilities do not have enough space to support this increased number of beds. Given this situation, a partnership with La maison Mathieu Froment-Savoie was made possible thanks to funding from the Gatineau Health Foundation and the generous contribution of Mr. Maurice Marois.



SUPPORT FOR THE AUTONOMY OF THE ELDERLY

Donation of a Piece of Land for Future Nursing Home

In order to support the CISSS de l'Outaouais in the construction of the very first "Maison des aînés" nursing home in Quebec, the Foundation ceded the land adjacent to the CHSLD Lionel-Émond, at the corner of Saint-Raymond and Lionel-Émond boulevards, for the symbolic amount of \$1. This partnership with the Foundation



greatly facilitated the realization of this project, since the land is now worth more than \$1 million. This facility will add 72 new housing units for seniors and people with special needs.

Development of the Outer Courtyard at La Pietà

La Pietà is a long-term care facility housing over 150 people. Thanks to recent development efforts, the outdoor gardens can now be used optimally by staff and residents. Residents can enjoy moments of rest outside, socialize and engage in gardening activities in order to maintain their autonomy.

REHABILITATION

Patient Lift

For patients and residents with reduced mobility, time out of bed is not only an important part of rehabilitation, it's often the best part of the day! Caregivers are continually faced with the risk of back pain and disabling injuries from manually lifting and handling patients. Appropriate mechanical aids are a simple but effective way to improve their safety.

SOCIAL SERVICES

Information Package for Newcomers

This project provides immigrant parents with informational and prevention-focused material on the proper ways to interact with children so as to avoid reports to the Youth Protection Branch. The information package mainly consists of images and pictograms specifically designed to overcome the language barrier, and includes a list of different resources in the region as well as intervention tools.

Community Support Program

The Community Support Program is a fund that benefits families and individuals experiencing difficulties or situational crises. By offering them temporary financial assistance, it helps them continue with their treatments and maintains their psychosocial support. Here are two examples of financial support granted in the last year:

- Purchasing basic equipment to furnish a residence for a couple living below the poverty line, who had lost all their belongings as a result of the major flooding that occurred in 2018. The couple's precarious situation forced them to relocate to an unsanitary, pest-ridden living environment. With support from the CISSS de l'Outaouais and funding from the Foundation, they were finally able to find a healthy living environment.
- Purchasing a manual wheelchair for a lowincome user at high risk of falling.

ONCOLOGY

Gynecological Oncology Surgery Equipment

In order to increase surgical room availability for this type of intervention, the CISSS wanted to be able to use other operating theatres in the Outaouais region. Maniwaki's operating theatre was selected because it already had several pieces of equipment necessary for gynecological surgery. The Foundation's investment made it possible to upgrade the existing equipment and complete the current inventory. It is now possible to perform these surgeries in less than 28 days and thus avoid transferring patients outside the region.

Solid Water Plates

Solid water plates are part of the equipment used by the medical physics team at the cancer centre. Their uses include measuring and calibrating the radiation output of accelerators during radiotherapy cancer treatments. Solid water plates are very important tools because they can simulate the characteristics of the human body during radiation measurements. This allows a more precise equipment calibration equipment, which results in more effective treatment and fewer side effects for the patients.

Ultrasound-Guided Brachytherapy for Prostate Cancer

Previous processes for prostate brachytherapy necessitated treatment times of 4-6 hours per session. Patients had to be constantly moved to

ensure their catheters were properly positioned. Installing an ultrasound preparation system directly in the treatment room has reduced the time required for this



process by more than 50%. In addition to significantly reducing patient discomfort, the new treatment rooms and specialists can accommodate more patients than the previous arrangement, further reducing waiting times for those undergoing cancer treatment.

YOUTH

Broselow Kits

Containing all the emergency equipment needed for pediatric resuscitation, these kits give medical staff the right tools to intervene quickly and efficiently in critical moments when a child's life is at stake.

Youth Funds

These funds are invested with the clientele of the Youth Protection Branch and are used to finance personal projects for young people living in rehabilitation centres or in foster care. Here are two examples of financial assistance granted over the last year:

- The pandemic has had a great impact on the most vulnerable members of our community. Youth Protection Branch workers witnessed a pressing need for respite among young people and their families who were facing very precarious financial situations with limited resources. With schools closed, many children from these backgrounds were in dire need of stimulation and social contact, or were at risk of parental neglect. The Foundation's investment allowed several at-risk children to benefit from a stay in various day camps throughout the region.
- Orthodontic treatment for a young teenage girl living in foster care with severe, disabling orthodontic problems causing pain and other health issues such as headaches and digestive complications.

MENTAL HEALTH

Pierre-Janet Walking Path

Outdoor environments are just as important as indoor environments and sports facilities for the care and rehabilitation of users hospitalized at the Pierre-Janet Hospital, with hospitalizations lasting approximately 50 days on average. The therapeutic walking path includes a multi-sport field, exercise and animation stations and a playground.

Mental Health Scholarships

These scholarships help people living with mental illness return to school and promote their integration into the job market. Scholarship recipients can finish studies they had not yet completed, or start a new program altogether, be it at the secondary, college, university or vocational training level.

RESEARCH

Cancer Research

Funding for the Cancer Research Chair supports the activities and development of the cancerology clinical research axis of the CISSS de l'Outaouais. The funds raised allow us to offer a wider range of clinical studies targeting a greater variety of cancers. Access to such treatments as part of a clinical study in our region brings a renewed sense of hope to cancer patients, while also allowing them to receive care close to their families and loved ones during this difficult period of their lives.

COVID-19 EMERGENCY FUND

Safety:

Donation of over 100,000 procedure masks.

Comfort:

- Free hot drinks for employees of the Gatineau and Hull hospitals.
- Bedside monitors: We offered free bedside monitor service to hospitalized patients in the Hull and Gatineau hospitals, giving 277 rooms access to basic television channels.
- Our team set up a mobile convenience store to distribute free treats to residents of the Outaouais CHSLDs.
- We sent the CISSS de l'Outaouais 30 Internet-enabled tablets to facilitate family contacts in various care settings, all thanks to a generous contribution from Telus Business Connect.

Redistribution of goods offered by the community:

- · Artist In Residence Distillerie: 500 litres of disinfectant
- M. & Jean-Guy André Ltée Auto Value certified service centre: 40,000 pairs of gloves
- Dupont & Dupont Ford: 200 visors
- Délices sublimes: 60 healthy Treats
- · Restaurants Valentine and Les Promenades Gatineau: 300 meals
- Mosque of Aylmer Association: 200 meals
- Kruger Products: 900 boxes of sanitary products
- Frontlinefeeds Ottawa/Gatineau: 140 meals



Recognition

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Each year, The Gatineau Health Foundation is pleased to highlight the vital contribution of members of our community who get involved in various ways to develop and improve health care in the region. To this end, we give out awards to honour the remarkable support of deserving citizens.

"Mérite de la philantrhopie" Award

The "Mérite de la philanthropie" recognizes the exceptional contribution of individuals or organizations to the development of health services in Outaouais. Created in 1996, this award is given out each year.



Mr. Charles Masse
Vice-President,
Development and
operations, Heafey Group



Ms. Vanessa Pilotte
Director General, Fondation
Choquette-Legault
Ms. Camylle Legault
Philanthropy Director,
Fondation Choquette-Legault

Health Partner Award

The Health Partners Award highlights the exceptional collaboration of a staff member, an executive or a doctor of the Outaouais CISSS towards the Foundation. This collaboration can be of a voluntary, professionnal, philantropic or otherwise nature.



Dr. Richard Bergeron Psychiatrist, CISSS de l'Outaouais



Dr. Odette Perron Surgeon orthopedist, CISSS de l'Outaouais



Oncology department, CISSS de l'Outaouais

Claude Poirier Defoy Award

The Claude Poirier Defoy Award is given out each year to a volunteer who has achieved distinction through his or her involvement in the Gatineau Health Foundation.



Ms. Hélène Leblond Retired from the CISSS de l'Outaouais and volunteer

Partner in Action Award

The Partner in Action Award recognizes the commitment of community actors who have distinguished themselves in the organization of fundraising activities to the benefit of the Foundation. These partners stand out for their originality and innovation, for generating large amounts of funds, for their community outreach, and for the involvement of their organizing committees.



Mr. Gilles Lavoie President, Distribution Matériaux Lavoie



Mr. Sébastien Lavoie Vice-president, Distribution Matériaux Lavoie



Kruger Products Inc.
Ms. Amélie Trépanier,
Human Resources
Director
Mr. Daniel Morneau,
Director General

Milestones

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April

COVID-19 Emergency Fund Campaign

In March 2020, an unsuspected threat put our health at risk on a society-wide scale, causing much fear and insecurity. COVID-19 hit our health services hard and put a huge burden on not just our facilities, but above all, on our health care professionals. While society at large was put on pause and everything closed, health workers kept showing up every day, ready to face this still unknown disease to care for our loved ones. At such a crucial time, the Gatineau Health Foundation immediately took action to provide its partner, the CISSS de l'Outaouais, with the tools it needed to fight the pandemic. Thanks to the hundreds of donors who answered the call to help in this time of crisis, over \$415,000 was raised for the COVID-19 Emergency Fund. Your donations allowed us to offer a measure of safety, recognition, comfort and hope.

New Platform Launched - My Fundraising Page

Community engagement, an important source of income for our organization, was severely restricted in the midst of the pandemic. Despite the cancellation of several fundraising events, people in the community were keen to mobilize in order to continue their efforts to raise funds for health care – which, more than ever, was a major concern for everyone. In April, the Foundation launched My Fundraising Page, an online platform that allows members of the community to create their own personalized page and to solicit donations in their social circle. Through this platform, you can create and manage your own fundraising event, either as a solo effort or as part of a team. Do you have a fundraising event in mind?

→ VISIT MYFUNDRAISINGPAGE.CA

June

Emergency Fund Webinar

On June 3rd, several donors and committed partners participated in a webinar detailing the initiatives made possible by the COVID-19 Emergency Fund and examining their numerous impacts on our community. During this virtual and interactive evening, participants had the opportunity to discuss with the President and Executive Director of the CISSS de l'Outaouais, Josée Filion, as well as with the Director General of the Gatineau Health Foundation, Jean Pigeon.

July

Program Launch - My First Beanie

Over the past year, Souris Mini's My First Beanie program was launched at the Perinatal Unit of the Gatineau Hospital and the Maison des Naissances du CISSS de l'Outaouais. This program aims to promote investments in pediatric care services by giving newborn children a pink, blue, white or grey beanie. In appreciation for this gesture, parents or family members can make a donation to the program. Every donation received in the Outaouais region will be

invested in pediatric care to make sure our children receive the best possible health care. Since the program was launched, more than 1,500 hats have been given to newborns and more than \$350 has been raised for pediatric care and services.

October

President and Executive Director's Gala Webinar

Several donors and partners attended the October 22nd webinar featuring Ms. Josée Filion, President and Executive Director of the CISSS de l'Outaouais. They were able to learn more about her vision and how it is being carried out in the context of the COVID-19 pandemic, in addition to the announcement of the construction of a new hospital for our region.

November

Finalists in the Exceptional Project – Non-Profit Organization Category

As part of the 2020 edition of the Gatineau Chamber of Commerce's Excelor Awards, the Gatineau Health Foundation distinguished itself thanks to an innovative and galvanizing regional project, its exceptional management practices and its unwavering commitment to create healthy and mutually beneficial relationships with its employees as well as its network of clients, service users, members, partners and collaborators. It is with great pride that the entire team was awarded the title of finalists in the Exceptional Project – Non-Profit Organization category for the creation of the COVID-19 Emergency Fund.

March

Reorganizing to Focus on Philanthropy

As of March 31, 2021, the Foundation is no longer managing and operating its snack bars, boutiques and convenience stores, as well as the CISSS de l'Outaouais's parking lots. This decision was forced upon us by major changes that occurred over the past year, such as parking being made free or more cheaply available. Our revenues suffered a significant reduction as a result, to the extent that the Foundation could no longer operate the parking lots without a deficit. This situation also led the Foundation to review its capacity to manage complementary commercial activities. In the end, we concluded that bringing back and maintaining these commercial activities would require so much time and energy that it would have a damaging impact on our primary mission.



Donors

2020-2021

\$100,000 +

La Fondation Choquette-Legault Bourdeau, Pierrette et Rhéal

\$50,000 to \$99,999

Fonds Ligne de Front Le Groupe Brigil Les Rêves de Monique Marois, Maurice Opération Enfant Soleil Recherche Neuro Hippocampe inc Richard Bergeron Medecin Psychiatre

\$10,000 to \$49,999

Énergie Renouvelable Brookfield Inc./ Evolugen Fonds de la Famille Gravel Gauvreau, Daniel Glatfelter Gatineau Ltée Guilmette, Benoît Heafey, Pierre Laporte, Michel Laporte, Madeleine Les immeubles E. Tassé Itée

Pièces d'Autos M &

Jean-Guy André Ltée

Construction Junic Enr.

Rallye Mitsubishi, Dormani Automotive Group Rioux Pinsonnault, Madeleine Succession Hélène Lévesque

Tremblay, Pauline

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\$5,000 to \$9,999

3515435 Canada Inc. , Charles Masse Cadieux, Johanne Caetano, Lucia Carle, Claudette Cindi Jacques Médecin Inc. Députée de Hull, Maryse Gaudreault Fréchette, Jasmine La Fondation Mathis Dumais-Dontigny Telus

\$2,500 to \$4,999

BDA Lighting Group Boucher, Jean Charron, Luc Coderre, Philippe Commission scolaire des Draveurs Coopérative funéraire de l'Outaouais D&A Experts en Solutions d'Affaires Député de Gatineau, Robert Bussière Député de Papineau, Mathieu Lacombe Dr André Gagnon Psy Dubé Blais, Georgette Enbridge Gas Distribution Inc Fortin, André IGA Extra Famille St-Jacques Leblanc, Nicolas Mercedes-Benz Gatineau Mousseau, Pierre Tandem Diabetes Care Canada Inc Ville de Gatineau Wilson Kenny, Audrey

Cumulative donations

1984-2021

\$1,000,000 +

Bourdeau, Pierrette et Rhéal Lafortune, Ernest Le Groupe Brigil Marois, Maurice

\$500,000 to \$999,999

Banque nationale du Canada Caisse Desjardins de Hull-Aylmer Défi ski santé Estate of the Late Gaston Fontaine Fondation Daniel Brière Les Rêves de Monique Opération Enfant Soleil

250 000 \$ to \$499,999 Amgen Canada

Audet, Réjean Banque Scotia Canada Vie/Canada Life - anciennement The Great-West Life Assurance Company Cyclo-Défi contre le cancer (Équipe de Gatineau) Énergie Renouvelable Brookfield inc./

Evolugen

Fédération des caisses Desjardins Ouest Fondation Pierre-Janet Hydro-Québec, Affaires institutionnelles, accueil et commandites L'Association des

bénévoles des Hôpitaux du CSSS de Gatineau

Les immeubles E. Tassé Itée

Omnium Alexandre Picard

ORC Foundation Soeurs de la Charité d'Ottawa

Tournoi de golf CHVO VitalAire Canada Inc.

\$100,000 to \$249,999 Azrieli Foundation

Belley, Guy
Bouchard, Mario
Caisse Desjardins de
Gatineau
Charbonneau,
Paul-André
CHARLES HECTOR
DUMONT M.D. INC.
CLMDP du CHVO Hôpital de Hull
Club Piscine
Club Richelieu de Hull
CMDP du CSSS de
Gatineau
Députée de Hull

Feu William Assad
Fresenius Medical Care
Canada Inc.
La Fondation Adolphe
et Roger Ducharme
La Fondation
Choquette-Legault
La Fondation Mathis
Dumais-Dontigny
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Pfizer Canada Inc.
Pharmacie Jean

Phzer Canada Inc.
Pharmacie Jean
Coutu-153926 can inc
Poirier-Defoy, Claude
Reny, Marcel
Rocheleau, Guy
Rona L'entrepôt
Gatineau
Sanofi Bristol-Myers

Squibb Tremblay, Pauline Triassi, Émmanuel

\$50,000 to \$99,999

Trottier, Pierre

8633509 Canada inc. (Construction JPL) Arsenault, Ken Association Culturelle Portugaise D'Aylmer AstraZeneca Canada Inc. Bellai Frères

Construction Ltée

Besner, Jacques Besner, Jean-Sébastien Boehringer Ingelheim Boston Scientific Ltd. Bureau, Marc Caisse populaire Desjardins Rivière Blanche Chabot, Diane Charlebois-Trépanier Assurance et Gestion de risques Député de Chapleau Desmarais, Marie Desrosiers, Philippe Développements Immobiliers Gamelin ltée Drouin, Michel Durette, Michel

Laurin
Fondation B-3L
Fondation Camille
Villeneuve
Fondation les Centres
Jeunesse
Fonds Ligne de Front
Gauvreau Transport
Gazifère inc.

Govette, Michel

Exploitations forestières

Guilmette, Benoît Heafey, Pierre Herman, Richard Industrielle-Alliance, Assurance et services financiers Inc. La Capitale groupe financier, Centre financier régional Nord-Ouest

Laboratoires Abbott Itée

ltée Lavallée, Serge Le Tour des Quickie Les Restaurants

J'Marchand Inc. Lévesque, Anne-Marie Mainville, Francois

Marcil Lavallée Michel Quesnel, Pharmacien Munroe, Michael

Parade des Hommes Quebecor World inc. Rallye Mitsubishi, Dormani Automotive Group

Recherche Neuro Hippocampe inc Ricard, Daniel Richard Bergeron Medecin Psychiatre

Saturn Aylmer Spacelabs Healthcare (Canada) Inc.

Stryker Canada LP Succession Annette Chevalier

Succession Marcel Delisle

Succession Nicole Leduc Succession Russell

Ormond
Tousignant, Jean

I hope that someday other people like me will get involved with the Gatineau Health Foundation. There are plenty of generous people in the region. If they contribute, too, in their own way, that will help us improve health care services for our community.

Gilles Lavoie

President, Distribution Matériaux Lavoie

Thank you for renewing your contribution in support of the Gatineau Health Foundation mission, for better health care, right here in the Outaouais!



YES, I WANT TO MAKE A DONATION TO THE GATINEAU HEALTH FOUNDATION

Mail to Gatineau Health Foundation, 900 De la Carrière Bldv. Suite 202 Gatineau (Quebec) J8Y 6T5 Contact us at 819-966-6108

SINGLE DONATION

□ \$250 □ \$100 □ \$50 □ \$30 □ O	ther \$		
MONTHLY DONATION			
I authorize the Foundation to make a monthly preauthorized	d withdrawal for the followin	g amount:	
□ \$10 □ \$20 □ \$25 □ Other \$	(\$5 min)		
$\hfill\Box$ On the 1st of each month $\hfill\Box$ On the 15th of each mo	nth, starting in	/_	(month/year)
PAYMENT METHODS UNIQUE AND MONTHLY DONATION ☐ Cheque (Please make your cheque payable to the Gatin ☐ Bank withdrawal - I authorize the Gatineau Health Found	neau Health Foundation)	e amount fr	om my account
and attach a sample cheque marked "void".			
Signature:			
Credit card : VISA Donor's name:			
Card #:	Expiry Date:	/	(month/year) CVC :
CVV (Card Verification Value. 3 digit on the back of your card	d): Sign	ature:	
Address (city, province and postal code):			
Phone:			
☐ I want my donation to go specifically to: Department:			

ONLINE DONATION

☐ I want a tax receipt

Email:

☐ I would like to receive information on dations by will or other planned gifts

☐ I want my donation to remain anonymous

"The Foundation's projects are a perfect fit for our mandate regarding health care services. They are engaging, transformative, innovative, practical and sustainable."

Camylle Legault

Director, Philanthropy Choquette-Legault Foundation



PHONE. 819 966-6108 FAX. 819 966-6012

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